

5th Gear Fitness

Kids Club Rules and Regulations

- ✓ **Please bring your child(ren) with full tummies.**

- ✓ **Please bring only DRY snacks and cups with secure lids (spill-proof sippy cups, water bottles with lids)**

- ✓ **Please bring your child(ren) freshly diapered. Diapers will not be changed by the Kids Club staff. If your child needs his/her diaper changed, a staff member will come get you.**

- ✓ **When a child needs to use the restroom, parents will be notified and asked to accompany the child.**

- ✓ **For the well-being of the other children and staff, please refrain from bringing a sick child into the Kids Club.**

- ✓ **Disruptive or inappropriate behavior will not be tolerated.**

**Thank you for your cooperation in keeping
5th Gear Fitness Kids Club safe, clean, and FUN!**

